Colne Engaine Parish Magazine



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Our Cover Model Dave, can't wait to get his car (with no name) back on the road!

May 2020

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Advertising

Our monthly magazine (double issues in July/Aug and Dec/Jan) is delivered free of charge to all 400 households in Colne Engaine and Countess Cross.
1/4 Page 62 x 88mm £10 / £55 pa
1/2 Page 128 x 88mm £17 / £80 pa
Full Page 128 x 188mm £20 or £110 pa
Cheques payable to Colne Engaine PCC.
Readers, please remember to mention this magazine if you answer any of the advertisements.
We welcome advertising in our magazine, the income from which helps to cover production costs. This does not imply any endorsement or approval of the products and services mentioned in the advertising.

This magazine is produced for the villagers of Colne Engaine by St Andrew's Parish Church.

FOR THE JUNE 2020 ISSUE PLEASE PROVIDE

SUBMISSIONS BY 4TH MAY 2020

Please provide Editorial in Word and Advertising as .jpg file

John Lennon Wrote Imagine


Photograph courtesy of Juliet Townsend

John Lennon wrote Imagine
But he never thought of this
That you could kill your loved ones
By giving them a kiss

What is goin' on man
It's the thing that makes us tick
But too much closeup lovin'
Is gonna make us sick

We've gotta learn a new way
To show how much we care
A way that gives us comfort
Cause we know that you're still there

We'll telephone, we'll facetime
We'll call across a field
And when the damn thing's over
We'll know we didn't yield

We'll hold each other closer
As if it is our last
And meantime we'll remember
That this too will pass

Paula, wife, mother and nanny

Poem written by Pauline Short


Photograph courtesy of Gayle Hedgecock



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St Andrew's



In anticipation of Lockdown due to the Corona virus the Church of England took the difficult decision a few days earlier, to close all church buildings in the interest of encouraging people to stay at home and stay safe. As we know the whole world around us since then has changed.

As I write this letter the death toll in the UK has gone over 10,000 people and each of those people losing their life too soon is a tragedy.

Our 'Key Workers' have been what we might call 'earth angels', doctors, nurses and carers looking after for the sick and the dying, cleaners making sure hospitals, supermarkets, GP surgeries etc can remain open or re-open, delivery drivers getting food to our supermarkets and doors, people returning from retirement to reinforce a depleting work force as people self isolate, the armed forces turning entertainment venues into hospitals, the list goes on. And then there are the army of local volunteers who ensure that vulnerable neighbours get food and prescriptions or a friendly phone call.

In John's Gospel, Chapter 1 Verse 5, it says,
"The light shines in the darkness, and the darkness did not overcome it."

We have seen the darkest of times, and for most of us it could have been so much worse. Imagine dealing with this in a refugee camp of tents and little health care, imagine being in lockdown with the person who abuses you, imagine being homeless, imagine losing your job, imagine your loved one dying.

We have also seen so much light with communities all over the world coming together with acts of love for their neighbour. In some ways despite social distancing we seem more connected now than before. Even with our church building doors locked, Calling Trees and online services, through our Facebook Page: The Three Colnes and Youtube: HalsteadAreaTeam Channel, have ensured that we continue to connect with one another as a family and worship God.

Some have asked if God has caused this? Not the God I believe in. God walks beside us through these hard times, sharing our pain and our tears, and carrying us when we fall.

The light shines brightly in the darkness. The source of that light is the loving God in whose image we are made, and each of us bears that light and shares it with others.

Be assured of my prayers at this time and if you need anything or simply would like to talk, do contact me on 01787 220347 or email colnesvicar@gmail.com
Mark.

Original Watercolours

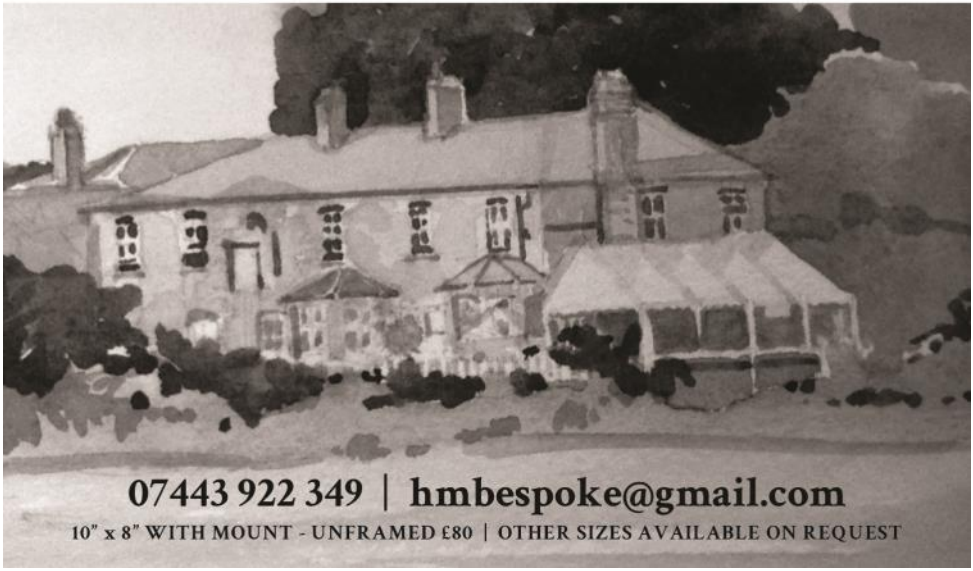
By Colne Engaine Artist *Heather Joy Nixon*

Treat someone special or yourself – **Commission an original painting**



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Welcome

Hello



Welcome to the Lockdown Edition of the Colne Engaine Parish Magazine. Sadly we are unable to print this copy as the printers are currently closed, but that means we can fill it up with lovely photographs and images of the fab support our village is giving to each other, of the local wildlife and our lovely people.

One of my sons and I spent a morning walking around the village snapping shots of rainbows and teddies (sorry if we missed your one, we tried to get all we saw). We took pictures of villagers out walking, in their gardens or just working on their cars. We found a few furry friends walking about and snapped a few pretty flowers and hope to be able to give you something to make you smile. Some people have sent in their thoughts on this historic moment, some poems and a couple of articles – thank you. Both myself and a contributor from Earls Colne have made up some puzzles for you to have a go at too (see page 52).

A couple of years ago, the Parish Council published a map of all the local footpaths around and about, which I have included in this publication (see page 55), along with a link for you to download and print out to use. Now is a great opportunity to get out and explore our lovely area if you can and are not house bound 'Click here to download'

The Colne Engaine Village Festival website has been repurposed to be used by the Colne Engaine Community Response team. Here you will find so many useful links and information. colneengainefestival.co.uk/

If you are in isolation and unable to get food or medication, if you are needing support of any kind, use this link colneengainefestival.co.uk to see what is available in the village.

If you are unable to get to the shops and want food delivered there is a list on here of local companies now delivering colneengainefestival.co.uk/home-deliveries/

Takeaway options for those nights you just can't bear to cook again! colneengainefestival.co.uk/hot-food-delivered-to-your-door/

The food bank is still operating, and as you can imagine, are not getting the donations they once were. If you are able to support them in any way, the food is being collected outside The Five Bells at the moment and being taken to the Braintree distribution centre when full. colneengainefestival.co.uk/food-bank/ (see page 46 for the current requirements)

Welcome

Advice for medical support during Coronavirus can also be found here, however if you are in need of medical attention, please contact your doctor, use 111 or 999 if it is life critical.

Green Bin collections have been suspended during this period, so please compost at home as much as you can. I understand this is hard to do, especially if like me, you don't really know how to compost. But Google is my best friend at the moment and could become yours too…

I have found this website most useful with regard to composting: www.rhs.org.uk/advice/profile?pid=444

On Page 50 I have put a simple solution that you could use at this moment in time from Gardeningknowhow.com

This month, as we are all stuck at home, we may want to try some new dishes, so I thought I would share a favourite recipe here on page 58, and I'll pop a few more in over the coming months. Please send me some of yours for future editions, if we get enough, we could start a cooking page .☺

Take care, stay safe, and keep those hands washed! **Sue**

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St Andrew's

Online Services remain the same at the time of writing:

Monday to Saturday at 9am - Morning Prayer

Sunday at 10am - Sunday Service

These are live on our Facebook page:
https://m.facebook.com/3Colnes.HalsteadAreaTeam/?tsid=0.8129781668982495&source=result

and later uploaded onto YouTube:
https://m.youtube.com/channel/UC3tGvTuAyyWN-M-i7bncElg

Rev. Mark

Contact Us

Rev. Mark Payne has been licensed to the Colnes in a service that took place at Earls Colne on the evening of 5th November 2019.

For Baptisms, Weddings and Funerals: Please contact The Reverend Mark Payne on 01787 220347 or colnesvicar@gmail.com

For all other matters: Please contact the churchwardens of the church in question:

Earls Colne
Mr. Ray Wood - 01787 224140
Ms. Helen Sherfield - 01787 222526

Colne Engaine
Mr. Terry Hawthorn - 01787 223140
Mr. Desmond Shine - 01787 223378

White Colne
Mr. Christopher Chamberlain - 01787 222200

Contacts

Colne Engaine, Earls Colne and White Colne parishes are cared for by the Team Vicar and Team Priest. To arrange Baptisms, Weddings, Funerals, other services or use of the Church, please contact:

Team Vicar: The Reverend Mark Rayne
20 Swallow Field, Earls Colne, CO6 2SW
colnesvicar@gmail.com T: 01787 220347

PCC Secretary: Mrs Suzanne Beckett
01787 221630
mrssuzannebeckett@gmail.com

Church Wardens:
Mr Desmond Shine4 Brickhouse Road CO6 2HL
01787 223378 cechurchwarden2@gmail.com

Mr Terry Hawthorn, 6 High Croft, CO6 2HE
01787 223140 cechurchwarden1@gmail.com



What about those sunsets?

Have you seen some of the lovely sunsets we've been having lately?

Funny how we say the sun goes down or comes up; correct me if I'm wrong, but the sun doesn't move! Shouldn't it be earthset or earthrise? Sorry went off on a tangent again, reminds me of another country saying,

Red sky at night, shepherds delight
Red sky in the morning, shepherds warning
Red sky in the afternoon, BARN ON FIRE!!

What are we up to this month then? Gotta keep cutting the grass, no excuse not to with so much time on our hands. Once a week would be great: tip it, shred it, spread it. Feed and weed, if it's mossy take some time to rake it out, hard work but worth it in the end.

Lots of planting to do now, after the second week in May we have normally seen the last of the frost so let's get in bed, oops I meant bedding, I know we can't get out to garden centres, and they are closed anyway but mail order is still an option, also I believe Olivers in Earls Colne is taking orders and delivering.

If you have Primulas that have become congested they can be lifted and divided now Dig them out and cut away the good plants from round the outside, the centre will be old and woody and can be thrown on the compost, plant out the divisions and water in.

It is also a good time for softwood cuttings, plants like *Fuschia, Penstemon, Hydrangea, Forsythia,* and flowering currant *(Ribes sanguineum)*. The best time to do it is early morning before the sun is on the plant, find a non-flowering growing shoot cut it off about 4" long below a pair of leaves, pop the cuttings in a plastic bag so they don't dry out. Mix some compost and garden soil 50/50 mix, and fill 4 inch pots. Take your cutting and strip off the lower leaves and pinch out the growing tip, make a hole in the compost with a pencil, dip the base of the cutting in rooting powder if you have any and then pop it in the hole, gently firm the compost round it, put about four cuttings round the edge of the pot and water in. Find a clear plastic bag or cut the top off a plastic drink bottle and fit it on top of the pot like a mini greenhouse. Stand them somewhere light but not in full sun and wait, check occasionally to make sure the compost stays moist, in about six weeks they should be rooted and ready to plant up in separate pots, Happy days.

Get the kids growing sunflowers *(Helianthus annus)* and/or sweetcorn *(Zea mays).* Soak the seeds overnight in water, this encourages quick germination. Use 4 inch pots 50/50 mix compost and soil, put two seeds spaced apart in each pot, water in and cover the pot just as you would with cuttings, put them on a sunny windowsill and keep moist. Find a sunny spot in the garden and prepare the ground for them to go in if you can, dig a 12 inch deep hole and lay newspaper in the bottom before refilling the hole, this will help keep moisture in the ground, encourage the kids to try and grow the tallest one they can,

get a bamboo cane or strong piece of wood at least 6ft long and get them to paint it and mark measurements up the stick, remember to allow for the end that goes in the ground so you don't get a false reading, push it in the ground ready for when the plants go in. when the plants have grown to about 6 inches tall in the pots they can be planted out, the Sweetcorn grows better planted in blocks of four or more for better pollination. Get the kids to water them every evening with a rose on the watering can, Evenings are best as the moisture stays in the ground longer, the slugs and snails may want to feast on your young plants so some sort of deterrent would be good, I am not keen on pellets because of the risk to wildlife, (also I struggle to get them in the gun), try crushed up eggshells sharp grit and /or crushed garlic bulbs scattered around the base. Have fun.

What about Spud then, he was up the plot, we spoke from a safe distance, he says he has had a lot of time up there lately, his wife, Rose has been confined to the house, so to cheer her up he got a map of the world and a dart, he told her to throw the dart at the map and where it landed is where he will take her when this is all over, apparently they will be spending two weeks behind the fridgeJ He has been planting courgettes *(Cucurbita pepo)*, he had already prepped the ground by digging in loads of compost from the heap, he plants them 3' apart coz they spread like crazy, he says whatever happens don't let them dry out and when they start coming keep picking them or you will end up with marrows. Keep earthing up Potatoes *(Solanum tuberosum)*, plant Tomatoes *(Solanum lycopersicum)* in the greenhouse and sow carrots *(Daucus carota)*, spring onions (Allium cepa) and lettuce *(Lactuca sativa)* keep sowing at two weekly intervals to stagger the harvest.

Lets do Latin. This month get the kids on it, look at Sunflower (*Helianthus annus)* and Horse chestnut *(Aesculus hippocastanum), good luck*

Just enough room for plant of the month, let's have a look at Bluebell (*Hyacinthoides non-scripta)* clumps of leathery strap like leaves and fragrant bell shaped blue flowers on long stalks, every garden needs at least one clump, the bees love em.

Who doesn't love a bluebell, they grow happily in partial shade as they are a woodland plant, the ground in the woods contains plenty of Humus from eons of decomposing fallen leaves so this tells us what we can do to prepare the soil. The plants are best bought 'in the green', this means they are lifted whist in good growth and arrive bare root ready for planting out straight away. The 'in the green' season normally only lasts till mid-May. Buying from a reputable grower will ensure you receive the English bluebell *(H non-scripta)* as opposed to the Spanish variety *(H hispanica)* which were introduced to Britain and have been cross pollinating with the native plants to produce different varieties which threaten to take over.



'Laters Taters' Keep calm and carry on weeding

Gary Hoskin www.justsowgardens.co.uk

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Our Primary School

Well here we are, at the strangest beginning to a summer term
I think there has ever been!

Despite the lockdown, our families and staff have been busy working on home learning projects and sharing lots of laughter and smiles. We keep in touch with everyone on a regular basis and we have been amazed to see the fabulous and creative projects and even some science investigations that the children have worked on.

In this photo, Arthur took up the science floating boat challenge and got his boats to float. Well done Arthur!





We have had an online book quiz, thanks to Mrs Dunne our Quizmaster! It was lovely to see the children's faces and hear their voices and we have decided to make this a regular feature.

It is hard to keep children motivated to work at home and we are aware that it can become stressful, which is the last thing we want! Our families, we know, are building in time to play, to laugh, to do things as a family and to relax together too. These are unprecedented times and we want our children to be happy and confident, not fearful or anxious. We wholeheartedly support our families and will work together to achieve this. We are so proud of our children.

****

We're also very proud of Mark Macdonald and his colleagues at Stealth Mounts who have diversified their business to work tirelessly to create and deliver desperately needed PPE face shields to NHS and other frontline workers. At time of writing, Mark had delivered a staggering 16,500 face



shields, which is an extraordinary achievement. Thank you to everyone who has donated to the GoFundMe appeal – which at the time of writing this has raised in excess of £17,000. Thanks to all the volunteers (including lots from our school staff), for hole punching thousands of components of the masks. Donations are still desperately needed! Please go to https://www.gofundme.com/f/face-shield-project if you are able to help.

****



You may know that Bishop Stephen is moving on from Chelmsford to become the Archbishop of York. Bishop Stephen has visited us at Colne Engaine and we all appreciated his stories, humour and support for our school. We offered to find a gift from the Vine family of Schools as a token of our appreciation and gratitude- and thanks to the carpentry skills of Adrian Page and the jewellery skills of Terry Halls, our Forest School leader, this amazing holding cross was created, which we have sent with our love and thanks.

Finally, on behalf of everyone at Colne Engaine School, I wish you all a safe journey through this strange and difficult time.

Julie Sarti

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New Life in the Village

We would like to say a huge thank you to this wonderful community for all your help in bringing George Edward Muir safely into this world. He arrived yesterday morning (18th April) at 10:07, (rather rapidly) weighing 6lb 11oz.



The community response team and their volunteers who have been shopping for us to ensure we were safe to go into hospital have been great, as well as other people sourcing essentials and dropping them off.

Thank you all.

From Susannah, Ian, Archie and George. X

Colne Engaine CEVA Primary School
Making a Difference

School Hall
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If there are any local groups looking for somewhere to meet our school hall is available from 4.30pm to 10pm each evening and also at weekends, term time only.

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For more information please call Sarah Cushney on 01787 222717

Colne Engaine STAY AND PLAY
Fun, Giggles and Friends for Babies and Toddlers!

Colne Engaine Stay and Play is open every Wednesday 10-12 during the school term. We are a small, friendly baby and toddler group held in the Courtauld Memorial Hall. Every week we set up a different arts and craft make and a messy play or sensory activity as well as lots of fun toys and games for babies and toddlers. Everyone Welcome.

Closed at present



Pip Morton
www.facebook.com/colneengainestayandplay
colne.engaine.stay.and.play@hotmail.com
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Dear Editor

Dear Editor,

Having just read the April edition of the Village magazine I realise how much goes on in this Village every week/month (and not everyone advertises).

This isolation is affecting everyone so let's hope it will work and we can get back with our daily lives.

As has been said before there is so much help within the Village by the wonderful residents here who all ought to nominated for the Unsung Hero Award. **Jean**

****



If anyone's child has a rainbow painting or would like to do one, we will put it in the village phone box to help people smile as they pass by. We can leave the side gate open (Hillcrest next to the church)- just leave your picture in the porch behind the log basket.
Many thanks. **Kate Barnard**

****

Hi,

My friend Mary's making laundry bags and scrubs for NHS staff. She's looking for any old sheets, duvet covers etc that are min of 60% cotton. If you do, please can you leave them outside their house at a designated day/time and I'll pick up. Sorry to ask but just want to do our bit xx
This for lovely customer that uses The Five Bells if anyone has I can collect (Jilly), or bring to the pub and I'll get it to her.

Thanks in advance, **Jilly Bishop**

****

Dear Editor,

I'm sure that there will be much to write about in the forthcoming magazines, stories and anecdotes about the coronavirus and its effects on our community. We are in a very strange vacuum and as none of us knows how or when it'll end, we can speculate and pontificate on social expectations and how we will react to being suppressed and what the global governments will do. Will we trust anyone in governments again? It'll be fascinating to hear what people are going through and how we as a community this great willingness to go the extra mile for each other. I am really grateful to you all, thank you. **Janie Estcourt**




Dear Editor

Dear Editor,

I, amongst many others in this village, have been asked to work at home during this period of lockdown. I have been lucky not to be laid off or furloughed so my week isn't to dissimilar to normal, other than missing the daily commute. This has been replaced with a workout!
We've been lucky with the weather so far and my garden has benefited from the additional time. We should have an open gardens weekend when this is all done. The village gardens will never again all look so good!

Mental health is a concern at this time and making an effort to stay in touch with friends and family has been important. With modern technology this is so much easier but also I put pen to paper and wrote some notes to friends and family.

Crossways have come together and created a WhatsApp group so that we can help each other and share shopping requests. Helping our isolating neighbours has given a purpose to shopping trips. Thursday evening's claps for carers has got us all out on our doorsteps and given a moment of reflection and a chance to catch up from afar.

When this is all over, plans are in place to have a street party! Forging new friendships maybe one benefit to come out of this.

I'm the meantime we stay home. Stay safe. **Lucy Orrow**

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Mindfulness tips and tricks

Being a spa therapist, my main focus is to help clients relax and feel better about themselves. Here are my top tips to develop relaxation and mindfulness:

Read a book- Start that new book you have or re-read an old one you enjoy.

Run a bath – Use your favourite bubble bath, bath bombs or shower gel. Relax those muscles and unwind in a warm bath.

Pamper Time – Rummage through your skincare drawer and try out some new products. Pop on a hair or face mask or do an at-home manicure/pedicure. I have a step by step routine for doing your nails at home on my Instagram page.

Go for a walk – This helps your body and mind relax. Step away from the screens for half an hour and explore the village. Alternatively, practise some meditation or yoga at home. There are lots of videos on YouTube that can teach you.

Talk with friends and family – There are many apps you can use to communicate with friends and family. Perhaps one of you could make a quiz, or you could hear you nieces and nephews or grandchildren read or do homework together over the phone!

There are many ways to help your mind and body relax, you just need to find your way. If you have any questions about mindfulness, relaxation, an at home spa day, skincare or makeup tips and tricks please take a look/or contact me via my Instagram page bethany_beautyy. **Bethany Salmon**

SPORTS MASSAGE

AMY LESIAK



EVERGREEN CLINICS

Sports massage is a form of massage that can alleviate pain occurring in certain parts of the body, which can be caused by too much physical activity or over use of particular muscles. This type of massage can be beneficial to athletes and non-athletes.

This refers to muscle pain that typically develops several hours post exercise and consists of predominantly eccentric muscle actions—especially if the exercise in unfamiliar

"Massage was effective in alleviating DOMS by approximately 30% and reducing swelling."



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DOMS

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The Bells Are Silent



The bells are silent, the pews reserved for spiders and mice.
Our congregation is absent today, no choir to sing his praise, no paschal candle to light.
The streets are quiet, save for the runners and ramblers, cherishing their public hour.
Even the skies are deserted, no planes speeding holidaymakers to the sun, no vapour trails marking their path.
Peace.
May the peace of the Lord be with you today.
The church is not the dusty monument standing empty, but our hands, hearts, minds and mouths.
Our single voices may sound warbly and weak but he hears the cacophony of our United praise.
He sees the candles sparkling in our homes and the light glowing in our hearts.
Strangers pass one another but now a cheery greeting narrows that 2m gap.
The cerulean blue is lit by glorious rays, reminding us that the best holidays can be had at home.
No longer drowned by engine roar, we hear the chatter of our winged neighbours,
We notice the bees, butterflies and mini beasts that habitat our gardens.
Our community thrives and tiny deeds of love remind us of God's grace.
He is here, he is risen, he lives in us, he loves us, he is with us.
Peace love & light to you all, this Easter Day and always x

Rachel Jennings

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Community Response

Colne Engaine Community Response Crew made the Nationals!



On the 30th March 2020, the Daily Mail wrote an article about our hard working volunteers, operating out of the 5 Bells Pub as the Colne Engaine Community Support Group. Spearheaded by Spike Townsend, he commented, "So many people have made this happen including Parish Council, Church, Pub, Festival and the village volunteers to name just some.

This is about our community- you should be very proud of all you are achieving"

Click on this link to read the whole article. www.dailymail.co.uk/news/article-8167313/Retired-policeman-54-running-emergency-command-centre-local-Essex-pub.html

On the 31st March 2020, this story was also picked up by LBC radio, who interviewed Spike about the success and support provided.

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Community Support

*****REQUEST: we are looking for some sprightly young people - aged 18-25 - who are looking for things to do while they're home and are willing to help as needed*****

please ask them to email hq@fivebells.net with name, address, phone number and what they can do.

Community Response - Operations Centre Update

Since opening, the centre has been manned from 10am-7pm every day by a rota of 6 volunteers who coordinate our bank of 70 village volunteers. They have dealt with 26 requests for help, from prescription collections to food deliveries to receipt of donations and an emergency plumbing callout.

The volunteers have a huge range of skills and include a range of local trades, a solicitor who can verify legal documents, and a trained counsellor.
We are waiting for confirmation that we can become a local delivery centre for NHS aid parcels and we are in contact with Essex County Council and Essex Rural Community Council.

We are also working with Earls Colne and White Colne community response teams.

Our volunteers are doing a first class job so a huge thanks to them and the Operation Center team.
And as for media well we are definitely the #centreoftheuniverse - featured on the Daily Mail website, LBC Radio and BBC Essex radio in the last two days!

Where to find information - For those of you on Facebook, the page to follow is here: https://www.facebook.com/colneengainecommunityresponse

- **Since some of you don't use Facebook,** we have re-purposed the Festival website to gather information for you to access. It includes details of where to order home deliveries of food and animal feed, plus what the food bank needs. I will keep adding information to the page so please let me know if you find information that needs sharing, or have questions that need answering.

https://colneengainefestival.co.uk/

If you are in need of help contact the Response Centre on 01787 224318 or email hq@fivebells.net - it is manned 10am-6pm.

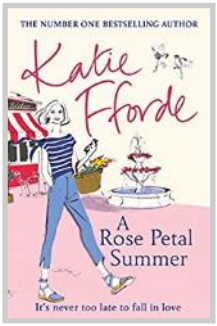
I hope you're not all going stir crazy. Thank you to the person who left some parsnips on my doorstep they were most welcome!

I am only ever a phone call away so give me a bell if you need cheering up or if you want to cheer me up! - 07984 794004

All the very best,
Juliet aka Baggy xxx

Poppy Book Club

The Poppy Book Club has been running for an amazing 14 years now and we meet on a Wednesday evening every six weeks. We have a regular number of bookworms and are now at a comfortable capacity.



We have just read "A Rose Petal Summer" by Katie Fforde. However, owing to the current Covid-19 situation we have been unable to meet, so do not have our usual star rating for this book, so this is a very personal view of the book from me.

Set partly in a Scottish castle, partly on a barge in London and partly in a French chateau we see Caro take on the temporary role as companion to an irascible Scottish laird, act in loco parentis to a young woman hell-bent on seeing London and the rest of the world, and hobnobbing with a famous Hollywood director and his fiancé.

Overall, I really enjoyed this book, I liked all the characters, it was a fun, sweet, humorous read and it was a perfect holiday read for me.

The next book we are going to read is, "Too Close to Home" by Linwood Barclay. Which we will review at our next meeting. Please look out for our review in due course.

For further information please contact Rita Prior on 01787 223867

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Gardeners of Colne Engaine

Spring is always a busy time in the garden and I'm sure you will agree we are all extremely fortunate here in Colne Engaine to have space in which to escape during these uncertain times.

It is so uplifting to spend time working with nature, accompanied by the lively Spring birdsong. I find it encouraging to sow seeds for colourful flowers which will attract the bees and other pollinators, or for delicious vegetables later in the season. It appears that many of you in the village are also gaining comfort from your own gardens, however big or small. Of course a great display can even be achieved in a few pots. I'm trying strawberry plants in some hanging baskets this year as I'm not heading anywhere soon and can keep them well watered and fed, hopefully!



Many people are busy dividing plants that have become too vigorous and invasive, or sowing too many seeds! As a result the village gardeners are potting up a wide variety of plants, both vegetable and floral, and contributing to 'Plants in the Church Porch'. The display is constantly changing so please take a look when passing. You are encouraged to make a donation in the small brown envelopes (left on the table in the porch) which can then be put under the church door. This seems a perfect arrangement; there is an exchange of plants, no wasted seedlings and funds are raised for the Church. To-date £140 has been collected.

Remember to make time to relax with a cup or a glass of something and admire the benefits of your labours.

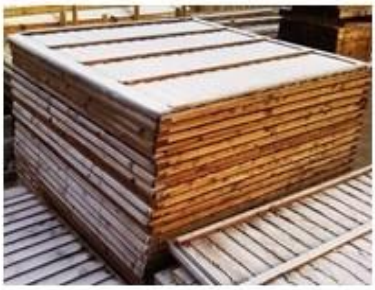
Happy gardening and lift those spirits!

Mary Ashby

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COVID Timeline

Lest we forget…

Here is a timeline and a bit of a reminder for years to come of what happened during the Spring of 2020

Queen Elizabeth II 👸 addressed the nation at 8pm on Sunday 5th April. Shortly after this the UK Prime Minister Boris Johnson was admitted to hospital himself with Covid-19. On Monday 6th April he was admitted to Intensive Care.

The PM had previously implemented a lockdown across the country on the evening of Monday 23rd of March 2020 ⛔.

Excel in London is now known as the NHS Nightingale and will be a hospital for up to 4,000 patients, most of whom will be on ventilators suffering from Coronavirus (Covid-19). Similar venues are being used in cities across the country. Opened by Prince Charles at 11am Friday 3rd April. Donations from medical television dramas of vital equipment delivered to the unit.

Community support groups established, to support the vulnerable, elderly, immunocompromised and people in enforced isolation due to exposure, in their community 😷👵

From Thursday 26th March at 8pm and every Thursday night thereafter, we all stood united on our doorsteps, balconies and open windows and applauded and cheered for all our amazingly brave NHS staff 👏👏👏 who so courageously and selflessly battled on to try and save as many lives as possible ♡

Petrol ⛽ price close to home 🏠 was £1.20 per litre for unleaded.

Schools closed on Friday 20 March, potentially for the remainder of the school year. 👦💻 Parents were home schooling and teachers were doing remote learning using apps like Zoom for a virtual lesson.

Social distancing measures required of a minimum of 2 meters ☹

Tape and chalk on the floors at Supermarkets 🏢 and other places to help distance shoppers 🛒 from each other.

Limited number of people were allowed inside stores, therefore, queuing outside the store doors, still 2 meters apart 🏢

Non-essential stores and businesses mandated to closed ⃠ People who can are instructed to work from home 🏠

The Government paid 80% of wages to all employees across the country who were furloughed due to Covid-19.

Every airline 🛩 grounded either all or at least 85% of its fleet. All crew were

COVID Timeline

grounded and some used their skills to work for the NHS in Nightingale Hospital, the Ambulance Service, 111 telephone handlers or community support.

Air pollution improved. Rivers cleaned up. City & traffic emissions reduced.

Parks trails, entire cities closed or restricted to locals who can get there by foot. Not permitted to drive anywhere to exercise.

Entire sports seasons cancelled. No Wimbledon, no end to the Premiership, no Boat Race, no London Marathon. A virtual Grand National was held on 4th April 2020.

Olympics postponed to 2021.

Concerts tours festivals entertainment events all cancelled.

Weddings family celebrations holiday gatherings even funerals cancelled or postponed.

Families got creative and found entertaining ways of passing time by doing TikTok videos or going Live on Facebook.

Singers and bands played live sets on their driveways or on their balconies for all to hear.

Households that can't see their friends and loved ones come together across the country by using Zoom or Houseparty to play games or host pub quiz nights.

No masses, churches are closed services held online.

Initially, gatherings were restricted: No gatherings of 50 or more, then 20 or more, then 10 or more. Now, don't socialise with anyone outside of your home

Children's outdoor play parks are closed

We are to distance from each other. Shortage of masks gowns gloves for our front-line workers.

Shortage of ventilators for the critically ill in many parts of the world. Formula 1 racing teams and Virgin Galactic designed and produced ventilators in the space of a week.

Refrigerated trucks for the dead outside hospitals in many countries.

Panic buying sets in and we have limits on toilet paper disinfecting supplies, paper towels, staple foods, hand sanitiser Flour and Pasta are hard to get and borders are closed.

Manufacturers, distilleries and other businesses switch their lines to help

COVID Timeline

make visors, masks hand sanitiser and PPE.

Fines are established for breaking lockdown rules.

Stadiums and recreation facilities overseas open up for the overflow of Covid -19 patients.

Press conferences daily from the PM and other government officials. Daily updates on new cases, recoveries, and deaths

Government incentives to stay home. Barely anyone on the roads.

People wearing masks and disposable gloves outside.

Essential service workers are terrified to go to work that includes Registration Officers dealing with Death Registrations all day, every day over the telephone - all other Registrations - Weddings and Births on hold.

Medical field workers are afraid to go home to their families

74816 deaths globally so far as at 6th April 2020. 5373 in the UK.

This is the Novel Coronavirus (Covid-19) Pandemic, WHO declared March 11th, 2020.

Source: FaceBook, with facts checked by the Editor (using the internet, so maybe not 100% correct!)

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Parish Council

MEMBERS OF THE PARISH COUNCIL, *THEIR ROLES AND RESPONSIBILITIES* : (to be decided/confirmed at May meeting)

Members of the Parish Council work hard to make sure that Colne Engaine remains a beautiful and tranquil place to live. So if you have any comments or suggestions please feel free to contact them.

CLLR ALAN BARNARD—01787 224709
alan@colne-engaine.org.uk
ALLOTMENTS; TOWNLANDS TRUST; FINANCIAL CONTROL; AND ALSO A SEXTON'S FIELD TRUSTEE

CLLR TIM EVERITT—01787 223612
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ALLOTMENTS; TREE WARDEN & FOOTPATHS; TOWNLANDS TRUST; ALSO A SEXTON'S FIELD TRUSTEE

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PLANNING LIAISON; RECREATION GROUND

CLLR IAN MESSENGER—07799 212266
ian@colne-engaine.org.uk
FINANCIAL CONTROL; FUNDING FOR VILLAGE PROJECTS; WEBSITE, I.T., AND ARCHIVE LIAISON

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Village Hall

The village hall is in hibernation. So the fox and the mouse will have to wait with us.
Geoff

A mouse took a stroll through the deep dark wood.
A fox saw the mouse and two metres away he stood.
"Where are you going to, little brown mouse?
I hope it's one of the four reasons you can leave your house?"
"It's terribly kind of you to check, Fox, and yes.



I'm going home, saving lives and protecting the NHS."



Women's Institute

Well what do we all think of this lock down. Boring? On a positive side I hope all your spring cleaning is done.. Those of us lucky enough to have gardens will be enjoying this bonus of sun and warmth.

Headquarters have been sending lots of emails the main one requesting us to knit jumpers for children in Africa. Anyone out there with time to spare, a pair of knitting needles and any wool please feel free to help; the more the merrier.



Just a photo of happier times last summer with our cream tea.

Hope to see you all soon and catch up on your news. Please keep safe and well and ring me if I can do anything to help, keeping at a safe distance of course.

Love
Barbara Marcoolyn



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Competition



Sunflower Growing Competition

A little idea to pass the time, a sunflower competition. If you would like to participate you will need some soil, a pot and sunflower seeds. All you need to do is sow the seeds, plant them in the garden and take care of them. Take a photo of your sunflower including your name and the height of it and email it to colneengainemagazine@gmail.com by the 11th September. All photos and heights will be verified, the tallest sunflower wins and gets their photo in the magazine!



The result will be in the October issue of the Parish Magazine.

Bethany Salmon

- Plant your seed outside in April/early May once the chance of frost has passed. You can start them off inside but it is just as easy and you are more likely to grow larger blooms if you start them off outside.
- Sunflowers can be sown straight into the ground where they are going to flower, so make sure the space you are going to sow is weed free, by using a trowel to remove the weeds.
- Make sure to plant them where they will get 6-8 hours sun per day – this is what they need to grow successfully.
- Rake the soil to a fine tilth (a fine crumbly texture) and make some drills 12mm deep. Leave a 10cm space between each seed if you are sewing more than one.
- Place the seed in carefully and cover them up with soil. Don't forget to water the seeds gently.
- Be careful, as slugs and snails like to eat the new shoots. You may like to protect the seedlings by cutting the top off a plastic bottle and placing it over your seedlings.
- As your sunflower begins to grow taller than you, you will need to help support the stem, by placing a cane near the stem and loosely tying the cane to the plant with string.

Watch your sunflower (hopefully) grow and grow and grow…

Guidelines from greenart.co.uk

Villagers, Bears and Rainbows




Mary & Steve
Jane
Mary & James
Mick
Sam, Jane & Finlay
with Wilson
Dave & the car
with no name





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Correspondence



I started to write this on a beautiful sunny afternoon sitting in my garden and for a moment forgot what was going on in the world outside. Then I remember I should be at work sitting in my office next to the airfield and why I am not.

For almost 10 years I worked at Colne Engaine Primary School, as a Midday Assistant when my children were young, then progressing to a Learning Support Assistant.

In 2019 I decided it was time for a change. My children were older (19 and 15) no longer needing me to be around and on hand quite as much.

I knew I would relish a new challenge, ideally I wanted to return to something local and office based like I used to do before children. After searching around, I found a fantastic company called Training2Care one of the country's leading training providers, and got a job working on a brand new project, launching their FREE new website: www.preparing4care.co.uk.

Sadly, no one in life can predict their future and we wanted to offer people a free way to make their choices and wishes for care known as they grow older. Just like doing a will or setting up a Power of Attorney this is a vital step in thinking about your future and one that is often overlooked. It is so often left to a family member to make vital decisions on your behalf at an emotionally charged time, who may not know what your wishes are.

Using the website, you make preferences known by answering a series of questions. It is fully GDPR compliant and private. We do not see your answers, only an elected trusted family member will have secure access to your account. If and when the time comes, they can then nominate a care professional to see the information to help make vital arrangements about your care. This Importantly allows your voice to be heard even when you may not have the capacity anymore.

Now more than ever in the current climate with COVID19, this has made everyone think about their future. With most of us having more time on their hands being at home, is the ideal opportunity to fill your guide in.

This is also really important if you are the carer of a child or adult with disabilities as you are their voice but what happens if you are not around in the future? Who will know everything about them as a person?

I am immensely proud of the operation we have launched and that I run. I can't wait when this is all over to get back to carry on with my role with my fantastic team, all who have a real passion about what we do.

In the meantime take advantage of this free tool and visit our site today to register and get started.

I hope this joyful weather continues for everyone and you all take care and stay safe.

Rosemary Salmon

The Church of England
in Essex and East London
Diocese of Chelmsford

The Rt Revd Roger Morris, Area Bishop of Colchester
1 Fitztwalter Road, Lexden, Colchester CO3 3SS
t: 01206 576648 b.colchester@chelmsford.anglican.org @bishcolchester

Good Friday 2020

My Dear Friends

When Saint Peter wrote to the beleaguered Christians in Turkey, he addressed his letter to the 'exiles of the dispersion.' I feel as if I should address this to the 'exiles of the isolation and deprivation'. There is something exilic about the current state of things. We are dislocated from friends and family. We are unable to meet together in our churches or congregate in each other's homes. For some of us, we are unable to do the very things that we feel we have been put on this earth to do. Like any experience of exile, it is hard and heart breaking.

But no sooner has Saint Peter has acknowledged the plight of those to whom he is writing, and prayed that grace and peace be theirs in abundance, than he launches into praise:

> Blessed be the God and Father of our Lord Jesus Christ! By his great mercy he has given us a new birth into a living hope through the resurrection of Jesus Christ from the dead…

In my address for Holy Saturday, I quote Denise Inge (wife of the Bishop of Worcester – who sadly died of cancer on Easter Day 2014). She says that 'what we really need is hope'.

> Humans cannot live without it. We can do without many things: without holidays, without delicacies, without as much money as we thought we needed – even, as I have come lately to see, without the promise of a good prognosis. But we cannot live well for long without hope. Hope is not the same thing as optimism. Optimism says that things will get better. Hope says that the good we envisage is the good we work towards. Optimism is largely passive: it is about waiting for what is better to come to you. Hope is active: it goes out and does. It falls and fails sometimes, but it is tenacious and unafraid, and it survives long after optimism is dashed. Optimism daydreams; Hope has confidence. It is awake. It will not let go of the notion that the good is real and that we can find it.
>
> *A Tour of Bones, Denise Inge*

I mention that I quoted Denise in my Holy Saturday address, If you are interested, then you can find my addresses for Good Friday, Holy Saturday and Easter Sunday on YouTube:

Good Friday: https://www.youtube.com/watch?v=EjfQ3dF8gY8
Holy Saturday: https://www.youtube.com/watch?v=vf-Uj4VlZ80
Easter Sunday: https://www.youtube.com/watch?v=Ij6SRAfysmQ

I have also seen a lot of things that have given me cause for much hope over the last few weeks. I have been asked by the Chief Constable to be part of the Strategic Coordinating Group managing the county's emergency response to the current pandemic. It has been truly heartening to see the people of Essex working together as one. I have also been hugely impressed by the dedication and bravery of all of our key workers (health professionals, care home providers, teachers, funeral directors, checkout cashiers and many many more). I am also massively thankful for the hundreds of thousands of people who have volunteered (either formally through Essex Welfare Service - https://www.essexwelfareservice.org.uk or informally – by telephoning neighbours and those whom they know to be in need or self-isolating).

Of course, not everyone is called to be a superhero (and not all superheroes wear capes). It would be very easy to feel a little inadequate or second grade when we see the slickly produced, error-free, Hollywood-style services that appear on social media or hear of great initiatives being pioneered by those who thrive in a crisis. Perhaps one of the most moving communications I received recently was from a priest - who you probably would not see on social media – but who wrote to me to say that he had remembered me while saying Mass that morning. Small acts of faithfulness and gentle expressions of love are also what changes and transforms and redeems the world. However, I would also want to celebrate this great wave of creativity that has swept across the church – and I hope that many of us are learning new ways to reach those who have been less inclined to engage with us in the past. The Christian life is never about going back or recreating a golden age. The Holy Spirit does not have a reverse gear. We are always heading forward – to the new reality that will emerge once this disaster has abated. Life is never going to be the same – but there will be some real positives that we take with us into that new reality.

One of the practices we have adopted in our household is to gather together to pray at 7.00 pm every day. We use prayers from the Church of England website (https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-parishes/coronavirus-covid-19-liturgy-and-prayer) and also the beautiful prayers from the Corrymeela Community (https://www.corrymeela.org/news/180/prayers-for-community-in-a). We will also join with others on Easter Sunday morning to sing *Jesus Christ is Risen Today* and *Thine be the Glory* (see https://ctbi.org.uk/sing-resurrection/).

In the meantime, be assured of my love and my prayers. and may the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit.

+Roger Colchester

Rt Revd Roger Morris
Area Bishop of Colchester

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Youth Club

Youth Club is held monthly at the village hall and any children from the village and/ or local school can become members. Our age range is from Year 6 and up.

Membership is for an annual £5 fee.

All members are required to have an adult volunteer to help run at least one session a year.

Other children can be signed in by any member as a guest. Each session fee is £2 (plus some extra money for tuck or ice cream in the summer).

Grace Carey

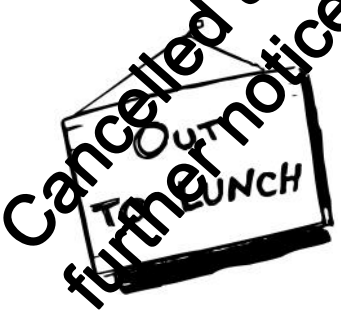
(email grace.carey@btinternet.com)

PS, we are still on the look out for a new Chair Person if anyone is interested…

Closed for a while

Snr Citizens Lunch

Ladies from Crossways Christian Fellowship cook a two course lunch for up to forty people at Earls Colne Village Hall at 12.30 on alternate Tuesdays.



Cancelled until further notice

The cost is £3.50. If you would like to come contact Helen on 07900 995532.

May no lunch dates presently

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LOCATION OF FOOD BANK COLLECTION: NOW OUTSIDE THE FIVE BELLS PUB

Braintree Area foodbank

Our current shopping list

Thank you for your continuing support, we are very thankful for any support you can give. During the Coronavirus outbreak we have seen a 60% increase in numbers fed compared to this time last year. Whether financial or food donations you are continuing to help those most in need at this very difficult time.

We urgently need

- Long Life Milk
- Tinned Corned Beef
- Tinned Spam
- Tinned Hot Dogs
- Tinned Ravioli
- Tinned Spaghetti Bolognese
- Tinned Macaroni Cheese
- Cold Tinned Meat
- Tinned Beans
- Baby Food
- Baby Milk
- Packets of Instant Mash
- Cereals
- Tinned/Packet Custard
- Jam/Spreads
- Sponge puddings
- Tin/Packet Custard
- Washing Up Liquid
- Can openers
- Reusable Carrier Bags

To ensure the dignity of our visitors we pack our food parcel in reusable carrier bags because our parcels include a lot of tinned items. These bags are enable someone get their food parcel home.

We also ask for small packs of food as larger packs do not fit in our parcels making it difficult for our clients to carry home.

On behalf of those who visit our centres we thank you again for your support

T: 01376330694
E: info@braintreearea.foodbank.org.uk
W: www.braintreearea.foodbank.org.uk/give-help/donate-food

We follow the standards set by the Food Standards Agency. We can only accept donations of unopened and undamaged goods that are still well within their "use by" date (no less than six months if possible). Items which do not meet these requirements cannot be used and your donation may be wasted.

V1May2020

Earls Colne Library

Dear Residents of Colne Engaine,

These are challenging times and lots of people are finding it difficult remaining in social isolation. I'm sure that the church and other organisations in Colne Engaine are finding new ways to keep in touch with local people, and so I thought you might be interested to hear that the Library Service has increased the amount of online content for readers and that new content is being uploaded all the time.

Readers can access ebooks, magazines & comics, music and audio books, childrens' activities, and language courses.

All resources are free. Click here for the link to Essex Libraries.

Hopefully, this will help everyone to feel a bit happier spending time at home.

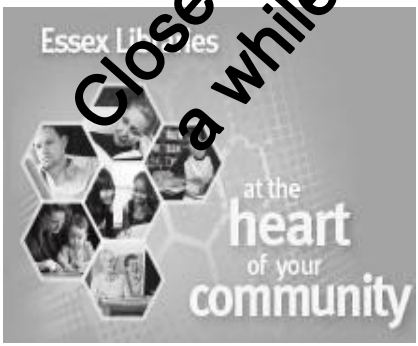
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Kaveri Woodward, Earls Colne Library

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www.eastofengland.coop/funerals

National Association of Funeral Directors

Whist Drives

Whist Drives will be back in the Village Hall.

6.30pm for a prompt 7pm start:

A light hearted game of whist with a coffee interval.

New faces are more than welcome, and instruction provided.

All profits to the Courtauld Memorial Hall Centenary Fund.

DO COME AND JOIN US ON:

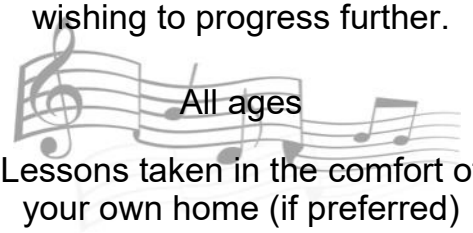
25th September

For more information, please call Frances Simmons on 222872

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Composting How To: Tips On Starting A Compost Pile At Home

Are you new to composting? If so, you're probably wondering about how to start compost for gardens. No problem. This article will help with simple instructions for starting a compost pile. Composting for beginners [1] has never been easier.

How to Start Compost for Gardens

The focus of this article will be on heap composting for beginners, as this is the easiest and least expensive method for most people.

With heap composting, there are no structures required, though you may use a compost bin if desired. Keep in mind that a compost heap or pile may not appear as neat and tidy as using a bin, but it is still one of the best options for newbies. You can also camouflage a compost pile with tall flowering plants or fencing.

You can start a compost pile any time of the year, but fall is the time of year when both nitrogen and carbon materials are readily available.

Step-by-Step Heap Composting How To

Starting a compost pile requires a few simple steps: creating the compost heap, adding organic materials, and watering and turning the compost as necessary.

Creating Your Compost Heap

Location – One of the most important factors for starting a compost pile is its location. Choose an open, level area with good drainage. You do not want your compost to sit in standing water. An area with partial sun or shade is also ideal. Too much sun can dry the pile out, while too much shade can keep it overly wet. Finally, choose a site that is easy for you to get to and avoid areas near dogs or other meat-eating animals.

Size – The recommended size for a compost pile is generally no smaller than 3 feet (1 m.) high and wide and no larger than 5 feet (1.5 m.). Anything smaller may not heat up efficiently and anything larger may hold too much water and become difficult to turn. It is recommended to start your pile on bare ground rather than on asphalt or concrete. This impedes aeration and inhibits microbes. Placing a pallet underneath the pile is fine, however, if you prefer.

Adding Organic Materials

Many organic materials can be composted, but there are **some items that you should keep out of your compost pile**. These include:

- Meat, dairy, fat or oil products
- Carnivorous pet faeces (e.g. dog, cat)

- Diseased plants, or weeds that have seeded
- Human waste

Charcoal or coal ash (wood ash is ok though)

The key materials for composting are nitrogen/greens and carbon/browns. When starting a compost pile, the recommended practice is to layer or alternate these greens and browns, the same way as you would for making lasagna.

- Your bulkier organic materials do best in the first ground layer, so start with a layer of browns, such as twigs (less than ½ inch or 1.25 cm. in diameter) or straw, about 4 to 6 inches (10-12 cm.).

- Next, add in some green materials, such as kitchen waste and grass clippings, again about 4 to 6 inches (10-12 cm.) thick. Additionally, animal manure and fertilizers serve as activators that accelerate the heating of your pile and provide a nitrogen source for beneficial microbes.

Continue to add layers of nitrogen and carbon materials until you reach the top or run out. Lightly water each layer as it is added, firming it down but do not compact.

Watering and Turning the Compost

Your compost pile should be moist, but not soggy. Most of your water will come from rain, as well as the moisture in green materials, but you may need to water the pile yourself on occasion. If the pile gets too wet, you can turn it more frequently to dry it, or add more brown materials to soak up excess moisture.

Once you turn the pile the first time, these materials will get mixed together and compost more efficiently. Keeping the compost pile turned on a frequent basis will help with aeration and speed up decomposition.

Using these simple instructions for composting, you will be well on your way to creating the ideal compost for your garden.

Article from Gardening Know How: **https://www.gardeningknowhow.com**

URL to article: **https://www.gardeningknowhow.com/composting/basics/starting-compost-pile.htm**



Puzzles

Village Life

V	E	N	L	O	C	R	E	V	I	R	K	V	A
O	O	F	A	R	M	I	S	N	P	C	K	E	F
H	S	P	B	G	F	C	H	H	U	F	I	E	O
C	O	O	O	T	I	T	G	L	O	F	W	S	O
R	L	H	O	E	V	R	N	E	R	S	A	R	T
U	S	S	K	S	E	E	I	K	G	S	L	E	P
H	D	E	C	I	B	E	N	F	Y	C	K	V	A
C	L	G	L	L	E	S	N	K	A	H	I	I	T
V	E	A	U	C	L	E	U	F	L	O	N	N	H
P	I	L	B	U	L	E	R	L	P	O	G	U	S
O	F	L	H	T	S	G	L	R	A	L	O	E	F
G	S	I	N	N	B	K	R	A	P	K	P	H	S
L	R	V	C	E	N	T	R	E	O	F	E	T	L
S	E	F	E	K	S	G	I	B	R	E	H	I	H

CENTRE OF THE UNIVERSE
FIVE BELLS
VILLAGE SHOP
WALKING
RUNNING
RIVER COLNE
FIELDS
SCHOOL
PARK
TREES
FOOTPATHS
LAKE
FARM
CHURCH
PLAYGROUP
BOOK CLUB

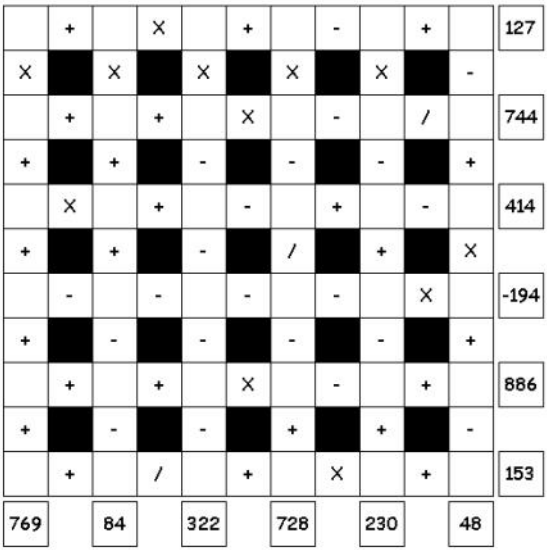
Sudoku—Hard

5	2					4	8	7
		4	7	8	2			6
7	6	8	9		5		1	
			6		7		2	9
2	3		8			7	5	4
9			2			1		
				1				
1	4		5		9		7	8
	9	5	4		6	2	3	1

Sudoku—Easy

	4	1	3		6
				1	
2	3				1
			2		
				4	5
	5			3	

A little Maths Problem



Try to fill in the missing numbers.

Use the numbers 1 through 36 to complete the equations.

Each number is only used once.

Each row is a math equation. Each column is a math equation.

Remember that multiplication and division are performed before addition and subtraction.

Created by puzzlemaker at DiscoveryEducatiuon.com

The following contributed by Gareth Millar

Find the Hymns

Here are the opening words of some well-known hymns - but the vowels have been missed out. What are the hymns?

1. THD YTHG VST
2. J STS M
3. B BFT HR
4. BSTL LFRT HP R SNCF THL RD
5. THNB THG LRY
6. WL LYCM NDF LLWM
7. DRL RDNDF THR FMNK ND
8. GV MJY NM YHRT
9. LLT NG SBRG HTN DB TFL
10. LR DTHL G HTFY RL VSS HN NG

Some answers can be found on page 56.

Missing Links

Can you sort out these 16 words into four groups of four connected words?

COAST	BETJEMAN	SUDBURY	BODY
MASEFIELD	KERSEY	STANDARD	MILTON
LIFE	FINCH	CLARE	DRAGOON
EYE	FIRE	LAVENHAM	MEDAL

Books of the Bible

Here are some Books of the Bible in anagram form. Can you untangle them?

1. I LEAVE TORN
2. A SHEEP SIN
3. ON MARS
4. SUIT CLIVE
5. SEE SLICE CAST
6. NOT A MINT SALE

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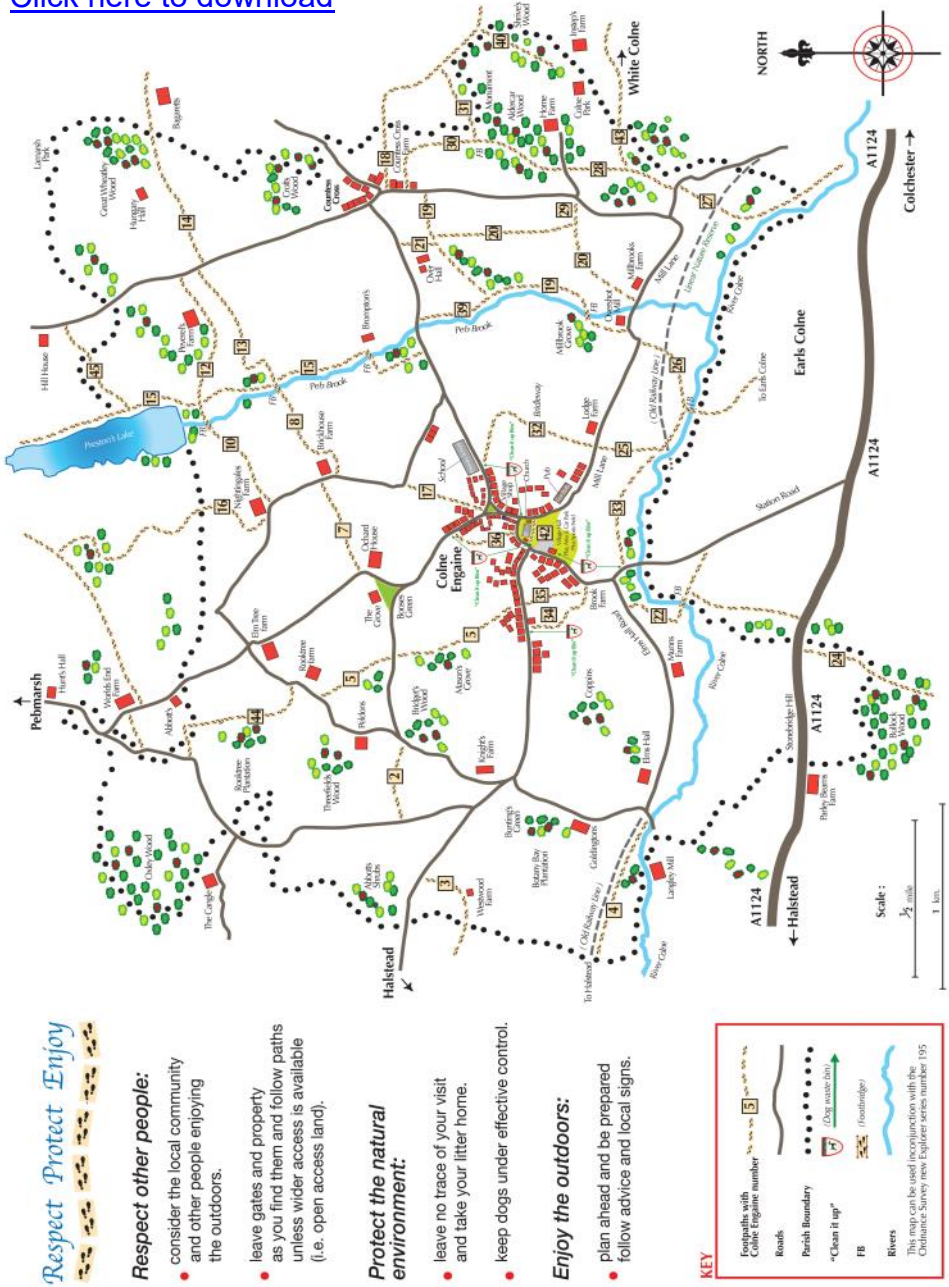
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Puzzle Page – Answers

Books of the Bible:

1. Revelation 2. Ephesians 3. Romans 4. Leviticus 5. Ecclesiastes 6. Lamentations

Find the Hymns:

1. The day thou gavest 2. Just as I am 3. Abba, Father 4. Be still, for the presence of the Lord 5. Thine be the glory 6. Will you come and follow me? 7. Dear Lord and Father of mankind 8. Give me joy in my heart 9. All things bright and beautiful 10. Lord, the light of your love is shining

Missing Links:

Gold __ - Coast, Finch, Standard, Medal
__ Guard - Life, Dragoon, Fire, Body
Poets whose first name is John - Clare, Milton, Masefield, Betjeman
Places in Suffolk - Kersey, Sudbury, Lavenham, Eye

Correspondence



Lost months – opportunities gained

If you can't see a car moving on the Lexden Road, Colchester it is either 8 o'clock on a normal congested weekday morning or any time recently during the time of lockdown. I have been able to work during this time by self-isolating in my van, self-isolating in my unit and self-isolating when I deliver. Delivering wine is not an essential service despite the protestations of grateful customers. Sitting in the sun, taking orders by phone, setting out on empty roads to customers who are always at home to take delivery has been the stuff of fantasy for all my working life. Nobody wants to see me for the evening wine tastings which have been an important part of my working life. Suddenly there is more time, which may hang heavily for some, and worryingly for many more, unable to work from home and with bills to pay. For children it is tempting to think in terms of lost months. Will there really be no summer term? For those who are housebound at the best of times, will there be nothing to break up the week? No Sunday worship or mid-week service? No fellowship? Those of us fit, fortunate or young enough can try to turn lost months into opportunity and take up running, reading, gardening or have a turn-out, as the nation waits for the green light to return to normal.

In a challenging article in the 'i newspaper' Mark Wallace asks, how might we most productively decide not to go "back to normal", but to create a new normal. This questions impacts on the whole concept of economic growth and its link to global warming. Many have pointed to the satellite evidence of reduced pollution worldwide during the lockdown and will be suggesting that a return to normal is a return to all that is damaging to the planet.

Some might ask if a return to normal is a return to a 'ceaseless round of activity' that is quite possibly no less damaging to our relationship with our spiritual selves. Working through a large file of cuttings going back some 20 years, I came across a remarkable article, quoted above, by Nigel McCulloch who was, at the time of writing, Bishop of Wakefield and chairman of the Church of England Mission, Evangelism and Renewal Committee. This was the Decade of Evangelism and he observed that 'clergy and their parishes found themselves under an often unbearable pressure to do more.' He goes on to state the case for less busyness and more stillness. I have no doubt my life is no different from that of others who juggle work, church related activities, children, grandchildren, fund -raising for their school, and, in my case, a planned but postponed mid-week wedding in Scotland. I have for years talked about the problem of 'layering'; the diary looks clear and one commits to one thing; something else comes up, then another and so on.

In these unprecedented times the burden of commitment has lifted. There has been time to rest. I saved Nigel McCulloch's article to remind myself of an arresting observation which he included by the 17th Century St. Vincent de Paul: 'It is a trick of the Devil, which he employs to deceive good souls, to incite them to do more than they are able, in order that they may no longer be able to do anything'. **Robin Greatorex**

Recipe Corner

We all have favourite recipes, so I thought I would share some of mine, and if you would like to share some of yours, that would be amazing for future editions.

My first recipe is for Zia Lina's Traditional Italian Meatballs, made by our favourite Sicilian friends from London. Lina's daughter Rose, adopted my husband and I into their family as our families lived so far away, so we could eat family meals, and enjoy family life. 20 odd years later, the friendship is still going strong.

Zia Lina, has shared a few of her traditional recipes with me, and this weekend coming up, we were meant to be learning how to make Arancini, so as soon as I know, I will share the knowledge, but we may have to wait some time!

You will need: Frying pan, large cooking pot, pasta pan, large mixing bowl, kitchen roll and cooking utensils.

Time: 30mins prep, 40mins cooking

Method: Chop the onion finely and crush the garlic
Brown both in a little cooking oil in the cooking pot
Add Passata and water into the cooking pot, adding a lot of sugar or sweetener (shake from the sugar bowl!) add salt and pepper. Then bring to the boil.
Check acidity, adjust sugar, salt and pepper as needed, then simmer.

To make the meatballs, in a large mixing bowl place the minced lamb, parmesan and breadcrumbs hand mix together (again, just add until the mixture is firm). Season well. Add the eggs, mixing by hand, add more breadcrumbs if needed (the mixture should be soft but not sloppy).

If you are adding potatoes, prepare them now.

Fry in a tablespoon(ish) of oil in the frying pan, turning over once browned on one side. Remove from pan, and place on kitchen roll to remove excess fat. Once all the meatballs have been browned on both sides, add to the simmering sauce mixture (add any potatoes you require now) and cook for 30 – 40 minutes.

Cook your pasta and serve.
I hope you enjoy,
Sue

Ingredients:
500g Lamb Mince
2 x Bottles of Passatta (700g each)
½ Bottle of Water (350g)
Parmesan Cheese
Breadcrumbs
Sugar (or sweetener if preferred)
Salt & Pepper
3 x Eggs
Cooking oil
1 x Large Onion
2 x Garlic Cloves
Optional peeled whole potatoes (as needed)



Village Life



Walking around the village saying hello (while maintaining a two metre distance!) to people we see also walking or in their gardens, I notice that people invariably comment on how fortunate we are to live here—we can walk along quiet lanes (very quiet with so little traffic now!) and many of us have lovely gardens. Imagine! we say, how awful it must be to live in a tiny flat in a tower block in London.

But imagine what it would be like to live, not just for a few weeks, but for the rest of your life in isolation, in a small room, never going outside, and your only contact with anyone else through a window. And this not because you had committed a heinous crime or were the victim of an oppressive totalitarian regime but because you had chosen to be enclosed in solitude to pursue a religious vocation.

This was a surprisingly popular vocation, especially for women, during the Middle Ages. Such people were known as *anchorites*, the term coming from a Greek word meaning 'to withdraw'. I think of myself as a bit of an anchorite, happy to withdraw into my study. But the situation we find ourselves in now is making me think again about what it would mean to be an anchorite. I am very grateful to have a garden to sit in and the company of my husband, as well as being able to go for walks. I don't miss going shopping, but I am a bit frustrated at not being able to use a library for research. And meeting friends via Zoom isn't the same as meeting in the pub!

So why would anyone choose such a life of enclosure and solitude? Curiously, for women in particular, it could represent a kind of freedom. They were free from the authority of father or husband and, although they followed a daily regime of prayer, were not obedient to a monastic rule. In medieval thought, the deprivation and asceticism of such a lifestyle would lead to a reward in heaven: enclosed in this world, they would 'be both lighter and swifter in the next, and range at will in the wide pastures of heaven' [*Ancrene Wisse*, trans. Bella Millett]. We've largely rejected this almost masochistic way of thinking, but maybe at this time we can rethink what we value, take time for contemplation, and appreciate the silence of solitude.

Cate Gunn



Useful Numbers

Church
St Andrews Church, Colne Engaine
01787 220347

Councils
Colne Engaine Parish Council 07946 096331
Braintree District Council 01376 552525
Colchester Borough Council 01206 282222

Doctors
The Elizabeth Courtauld Surgery, Halstead
01787 475944
The Pump House Surgery, Earls Colne
01787 222022

Schools
Colne Engaine C of E (Aided) Primary School
01787 222717
Honywood Community Science School,
Coggeshall 01376 561231
The Ramsey Academy 01787 472481

Essex Police
Braintree Police Station 0300 333 4444

Village Amenities
Colne Engaine Village Hall 01787 223668
Colne Engaine Village Shop 01787 220163
Earls Colne Post Office 01787 222258

Village Groups
Colne Engaine Village Archive 01787 222080

Youth Groups
Colne Engaine Youth Club 07984 794004
1st Earls Colne Brownies 01787 224175
1st Earls Colne Girl Guides 01787 220065
1st Earls Colne Rainbows 01787 224913

If you are an officer of a club or group in Colne Engaine and would like to place information about the group's activities and events in the magazine for free, please contact the Editor (p.2).

If you would like to advertise your business in the magazine please see the inside front cover for advertising rates.

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On the Buses

Public Bus

Colne Engaine to Colchester

No. 82A and 82B
Monday to Friday.
From The Green **09:08, 11:18, 13:18**
Arrives Osborne Street **09:58, 12:14, 14:11**
Monday to Saturday.
From The Green **09:05**
Arrives Osborne Street **09:58**



Colchester to Colne Engaine

No. 82
Monday to Friday.
From Osborne Street **10:05, 12:20, 16:15**
Arrives The Green **10:56, 13:10, 17:07**
Monday to Saturday.
From Osborne Street **16:15**
Arrives The Green **17:07**

Please note that the 83 route is now solely used on the Bures/Colchester run and has no direct contact with the parish.

Full details of all the above timetables, including all stops, are available from *www.travelineeastanglia.org.uk*

Check with bus operators for up to date offerings as they may change with the current climate.

Community Bus

EVERY MONDAY TO BRAINTREE

The service stops in the villages and in Halstead and as long as it is safe to do so, the bus will stop along the route within the village when hailed.

For help boarding or leaving the vehicle, or with shopping bags, just speak to the driver. The service is fully accessible, but please would passengers in wheelchairs phone ahead on 01376 557896.

FARES, payable on the bus
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5-16yrs £1 (single or return)
Under 5s Free

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Timetable
11.10 White Colne, Colne Commercials, Colchester Rd
11.13 White Colne, Village Green
11.14 Earls Colne, Tey Road, Lowefields
11.20 Earls Colne, Hillie Bunnies
11.23 Earls Colne, De Vere Road
11.26 Colne Engaine, The Green
11.31 Halstead, Market Hill
11.32 Halstead, Bridge Street
11.55 Braintree, Sainsburys
14.00 Braintree, Sainsburys
14.18 Halstead, Bridge Street
14.19 Halstead, Market Hill
14.24 Colne Engaine, The Green
14 27 Earls Colne, De Vere Road
14.30 Earls Colne, Hillie Bunnies
14.36 Earls Colne, Tey Road, Lowefields
14.37 White Colne, Village Green
14.40 White Colne, Colne Commercials, Colchester Rd

Does not operate on Bank Holidays.

WHAT TO DO IF YOU SUSPECT A HEART ATTACK

Should you suspect that a person you are with is suffering from a heart attack or they have stopped breathing for whatever reason,

Call the Ambulance Service first on 999.

When, and only when you have taken this step, you may call any of the trained defibrillator volunteers on this list who will attend with the AED (Automated External Defibrillator) and assist you until the Ambulance Service arrive.

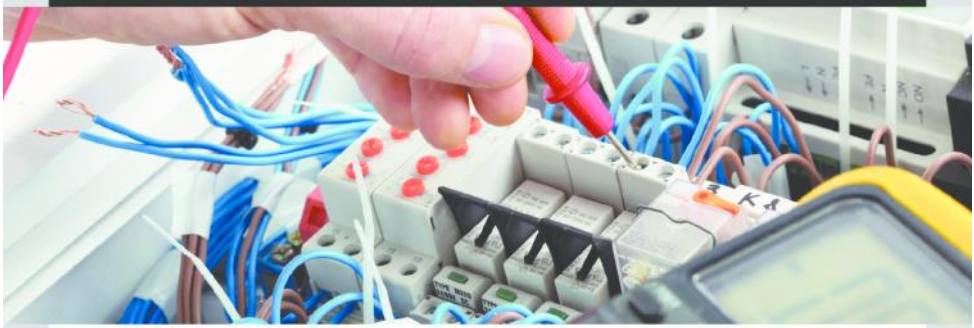
LIST OF DEFIBRILLATOR OPERATIVES

Name	First phone	Second phone
Darran Lingley	01787 224166 (5 Bells)	07715 991221 (Mob)
Richard Jones	07813 746717 (Mob)	01787 223666 (Home)
Brian Fleming	07967 949808 (Mob)	01787 224166 (5 Bells)
	01787 222080 (Home)	
Barbara & Geoffery Marcoolyn		
	01787 222334	07771 950735
Jo Davidson	01787 223163	07815 140568
Suzie & Adrian Gasser	01787 224983	07714 647696
Ginny Jeggo	07792 424061	01787 220358
Paul Knightly	07583 522908	01787 581701
Lucy Orrow	01787 224786	07711 704770
Mary Ashby	01787 222799	07745 474959
Moira Mizon	07947 499126	01787 220497
Gareth Jones	01787 224318	07771 503306
Jane Roach	01787 221390	07739 118116

PLEASE NOTE WE CAN ONLY ATTEND INCIDENTS


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Earls Colne, Colchester, Essex.
Tel: 07545 125 376 Email: sidmarelectrical@outlook.com

Village Diary



1	Fri	Morning Prayer 9am online service (p.9)
2	Sat	Morning Prayer 9am online service (p.9)
3	Sun	Online service 10am
4	Mon	Morning Prayer 9am online service (p.9)
5	Tue	Morning Prayer 9am online service (p.9)
6	Wed	Morning Prayer 9am online service (p.9)
7	Thu	Morning Prayer 9am online service (p.9)
8	Fri	Morning Prayer 9am online service (p.9)
9	Sat	Morning Prayer 9am online service (p.9)
10	Sun	Online service 10am
11	Mon	Morning Prayer 9am online service (p.9)
12	Tue	Morning Prayer 9am online service (p.9)
13	Wed	Morning Prayer 9am online service (p.9)
14	Thu	Morning Prayer 9am online service (p.9)
15	Fri	Morning Prayer 9am online service (p.9)
16	Sat	Morning Prayer 9am online service (p.9)
17	Sun	Online service 10am
18	Mon	Morning Prayer 9am online service (p.9)
19	Tue	Morning Prayer 9am online service (p.9)
20	Wed	Morning Prayer 9am online service (p.9)
21	Thu	Morning Prayer 9am online service (p.9)
22	Fri	Morning Prayer 9am online service (p.9)
23	Sat	Morning Prayer 9am online service (p.9)
24	Sun	Online service 10am
25	Mon	Morning Prayer 9am online service (p.9)
26	Tue	Morning Prayer 9am online service (p.9)
27	Wed	Morning Prayer 9am online service (p.9)
28	Thu	Morning Prayer 9am online service (p.9)
29	Fri	Morning Prayer 9am online service (p.9)
30	Sat	Morning Prayer 9am online service (p.9)
31	Sun	Online service 10am

From The Four Colnes' Magazine

May 1920

Meeting of Church Electors.

A meeting of Church people was held in April in accordance with the New Enabling Act. The Vicar said that this meeting is of great importance, heralding great changes about to take place in the government of the Church . . .

Three representatives were then elected to the Ruri-decanol Conference in Halstead and it was decided to have 24 members of the new Parochial Church Council . . .

At the first meeting of the PCC later in the month Mr Grimston, the Vicar's Warden, was elected Vice Chairman and Mr Bonner to be Hon. Sec. . . .

The Vicar informed the Council that he was no longer able to keep up the Vicarage and grounds. The matter was postponed for future consideration.

Neville Bird.

From the Church Mouse of Earls Colne . . .



Beloved Humans,

What a time you've come through, truly heartbreaking but with such amazing moments. You've reached a unique opportunity to press the reset button. You have to remember all the things that you took for granted but now realise how much you value them; the things that you missed and didn't know how important they were to you; how absolutely essential and vital key workers are. If you want the world to change you have to be active in making that change and not going back to your old ways - back to a world where children are anxious and stressed, back to a world where only the self matters.

You've hopefully found again the value of community, friendship, family, and of being still. For some the lockdown will have been a truly horrendous time, trapped in with their demons. Is this a time when you realise that you can all play a part in reaching out your hands and helping people instead of turning your backs, condemning them and leaving it to someone else?

The words of Mother Teresa are extremely powerful and apt for this moment in time: *"I used to pray that God would feed the hungry, or do this or that, but now I pray that he will guide me to do whatever I'm supposed to do, what I can do. I used to pray for answers, but now I'm praying for strength. I used to believe that prayer changes things, but now I know that prayer changes us and we change things."*

Be the change that you want to see

Love **Kooky, the Church Mouse.**



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Providing everything you need
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- Freshly baked bread every day
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Plus we offer a dry cleaning service and local events & services notice board to allow you to inform the village about any activities or upcoming events you would like them to be a part of!



We're a family, friendly business so just drop in and say hello to Bharat and Nisha! :)

Want to know if we've got something?

Telephone- 01787 220163, mobile 07883 886779

Email- bharat20nisha12@gmail.com

Facebook- Colne Engaine Village Shop

Address- 39 Church Street, Colne Engaine, CO6 2EY